



## 2019 National Veterans Golden Age Games (NVGAG)

**Q: Do I qualify to participate in the 2019 National Veterans Golden Age Games?**

**A:** To participate in the National Veterans Golden Age Games, you must be 55 years of age or older by December 31, 2019 and currently receive inpatient or outpatient care from the U. S. Department of Veterans Affairs. Information on [Applying for VA Healthcare Enrollment](#) can be found here.

**Q: Where are the 2019 NVGAG being held?**

**A:** The Games will take place June 5-10, 2019 in Anchorage, Alaska. [CLICK HERE](#) to learn more about Anchorage.

**Q: When will the detailed schedule with event dates and venues be available?**

**A:** A detailed event schedule will be available on the [NVGAG website](#) no later than December 2018.

**Q: What sports will be offered at the 2019 National Veterans Golden Age Games?**

**A:**

AIR RIFLE	Ambulatory, Wheelchair Divisions
AIR PISTOL	Ambulatory, Wheelchair Divisions
BADMINTON	Singles, *Open Doubles; Ambulatory Division
BASKETBALL	3-on-3 Half Court; Free Throw; Ambulatory Division ages 55-79
BOCCIA	Singles, *Open Doubles; Ambulatory Division
BOCCIA	Singles; Wheelchair and Visually Impaired Divisions
BOWLING	Singles; Ambulatory, Wheelchair and Visually Impaired Divisions
BLIND DISC GOLF	Visually Impaired Division
CHESS	Ambulatory, Wheelchair Divisions ( <u>exhibition</u> )
CORNHOLE	Ambulatory, Wheelchair and Visually Impaired Divisions ( <u>exhibition</u> )
CYCLING	5K Timed Trials; 20K Road Race
ADAPTIVE CYCLING	5k Timed Trials (Recumbent and 3-wheel trikes)
FIELD	Discus, Javelin and Shot Put; Ambulatory Division
GOLF	18-Hole Scratch Play (9-Hole ages 75+) Ambulatory Division
HORSESHOES	Singles; Ambulatory, Wheelchair and Visually Impaired Divisions
NINE BALL	Singles; Ambulatory Division
PICKLEBALL	Doubles, Mixed Doubles; Ambulatory Division
POWERWALK	800M, 1600M
SHUFFLEBOARD	Singles; Ambulatory, Wheelchair and Visually Impaired Divisions
SWIMMING	Backstroke: 25-50 yd.; Breaststroke: 25-50 yd.; Freestyle: 25-50 yd.; 75 IM
TABLE TENNIS	Singles; Ambulatory, Wheelchair Divisions
TRACK	100m, 200m, 400m, 800m, 1500m, 3000m

\* Open doubles maybe same or mixed genders

Q: What are the classifications for the 2019 NVGAG?

A: All age classifications will be determined by the athlete's age as of **December 31, 2019**.

There are **eight** age classifications:

55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Athletes will compete by gender in the following events: air rifle, air pistol, badminton, bowling, blind disc golf, cycling, field, golf, horseshoes, pickleball, power walk, shuffleboard, swimming and track.

Wheelchair athletes will have a separate division in the following events: boccia, bowling, horseshoes, shuffleboard and table tennis.

Visually impaired athletes will have a separate division in the following events: boccia, bowling, blind disc golf, horseshoes and shuffleboard. Athletes in this division may also register for power walk and swimming; however, separate award medals will not be given for this division.

Q: What sports receive a medal?

A: For Air Rifle, Air Pistol, Bowling, Basketball free throw, Cycling, Blind Disc Golf, Field, Golf, Powerwalk, Swimming and Track, medals will be awarded to places 1-3<sup>rd</sup>, and ribbons will be awarded to places 4-8<sup>th</sup>.

For Badminton, Basketball Team, Boccia, Horseshoes, Nine Ball, Pickleball, Shuffleboard and Table Tennis, medals will be awarded to places 1-4<sup>th</sup>. All medals must be picked up during the games. An awards schedule will be provided. No medals will be mailed after the event.

Q: Where can I find the rules for the sports I will be competing in?

A: The 2019 NVGAG Rulebook will be available on the [NVGAG website](#) no later than November 2018.

All golf athletes are required to submit a golf deposit personal check in the amount of \$40 to the local host VA Medical Center **no later than March 8, 2019**.

Q: How do I register for the 2019 National Veterans Golden Age Games?

A: Online registration for the 2019 NVGAG opens **February 25 thru March 8, 2019**. Please continue to check the [NVGAG website](#) for updated information and the registration link.

Q: What is the deadline for registering for the 2019 National Veterans Golden Age Games?

A: Final registration deadline is Friday, March 8, 2019 at midnight EST. Online registration will close, however, when we have met the maximum allowable number of participants. Registration is NOT available onsite.

Q: When will I receive my confirmation that my registration has been accepted?

A: Confirmations are sent immediately via email at the completion of your online registration. If you do not receive an email confirmation within 48 hours, please contact the [NVGAG National Team](#).

Q: Will I need medical clearance to participate?

A: All athletes are required to have their Primary Care Physician complete and sign the 2019 NVGAG Medical Clearance Form. Instructions for properly submitting the Medical Clearance are included on page one (1) of the form. The 2019 NVGAG host VA Medical Center must receive this form no later than March 22, 2019. NO ONE WILL BE ALLOWED TO COMPETE WITHOUT THE COMPLETED MEDICAL FORM ON FILE. IF YOUR FORM IS NOT RECEIVED BY THE DEADLINE of March 22<sup>nd</sup>, YOU MAY BE DEREGISTERED FROM THE GAMES.

The Medical Application will be available on the [NVGAG website](#) no later than December 2018.

Note: The NVGAG involves significant walking within venues. Therefore, athletes should bring their own mobility equipment (i.e. - walker, cane, wheelchair), if needed, as these will not be provided by the Games.

Submission of the **Medical clearance form does NOT** register you to participate in the NVGAG. All athletes must complete the online registration and receive confirmation via email to be eligible to compete in the NVGAG competitions.

Q: Are there specific hotels I should be staying at?

A: Yes, the NVGAG will secure room blocks at hotels in the downtown Anchorage area. The reservation information for these host hotels will be provided with the confirmation emails during registration. VA Coaches will have access to this

information by end of November to reserve for their teams. Lodging payment is the responsibility of the athlete.

Q: How do I make my travel plans?

A: All athletes are responsible for their travel plans to and from the host city. Contact the Veterans Affairs medical facility from which you receive care or a local Veterans Service Organization (VSO) for information on any financial assistance available. The NVGAG has coordinated discounted and group flights with United Airlines, Delta Airlines and Alaska Airlines, from various locations across the country, to help reduce travel costs for 2019. This airline reservation information will be provided with the confirmation emails during registration. VA Coaches will have access to this information by end of December to reserve for their teams.

The NVGAG will provide ground transportation from/to the [Ted Stevens Anchorage International Airport](#) to the NVGAG host hotels **Tuesday, June 4, 2019** from **11 a.m. - 11 p.m.**; and from the host hotels to the airport on both **Monday, June 10, 2019** from **9:30 p.m. – midnight** and **Tuesday, June 11, 2019** from **5:00 a.m. – 4:00 pm**. Arrival and departures outside of these times will **NOT** be supported by NVGAG transportation and are the responsibility of the participant. Public transportation ([Anchorage People Mover](#)) is available from the airport to downtown Anchorage. Transportation will **only** be provided between the host hotels and all the official NVGAG venues. **If you choose to stay at a non-host hotel, YOU will be responsible for your own transportation needs.**

Q: Will I receive meals during the 2019 NVGAG?

A: Meals will be provided to 2019 NVGAG Veteran athletes using the meal credit card program beginning with breakfast on Thursday June 6, 2019 through dinner on Monday, June 10, 2019.

All meals can be purchased at the main convention centers, host hotels and local eating establishments via the provided meal credit card.

All registered athletes are required to participate in a minimum of 3 days of sporting events during the 5-day NVGAG competition, in order to receive the full week's meal amount. If an athlete participates in multiple sporting events that only occur over 1-2 days of the 5-day competition, they will **NOT** be eligible for a full week's meal amount. However, he/she will receive the daily meal amount for the 1-2 days they are competing.

2019 NVGAG Meal Card	Thu 6/6	Fri 6/7	Sat 6/8	Sun 6/9	Mon 6/10
<b>DAILY TOTAL</b>	<b>\$55</b>	<b>\$55</b>	<b>\$55</b>	<b>\$55</b>	<b>\$55</b>

**Q: What is the climate and weather in Anchorage?**

**A:** The city averages between a high of 63 - 65°F and a low of 46 -49°F. Anchorage receives 0.6 to 1.2 inches of rainfall in June. Sunlight in June averages 19 hours a day, the average humidity is 66%. Please remember to bring appropriate clothing for the weather.

