



# ***National Veterans Golden Age Games***

## ***VI Boccia***

### ***INSTRUCTIONS TO ATHLETES & RULES***

#### Competition numbers must be worn

1. You may not be assisted or coached in the competition area.
2. USA Boccia equipment will be provided.
3. USA Boccia rules will be used and modified for VI participants
4. VI Boccia is for single competition only.
5. Players are allowed to sit or stand during play.
6. Competition will be a single elimination tournament.
7. Whenever possible, competitors from the same medical center will not be matched against each other in first round matches.
8. All matches will be played using two ends each team throwing a maximum of 6 balls per end.
9. Each player wears a blindfold to make everyone equal.
10. Each player has a boccia grid, in which the volunteer will manipulate.
11. Walk the players around the circumference of the court, starting from their playing position to give them an impression about the size and shape of the playing area. Point out to them the throwing line, the v-line, the cross, and their seating position.
12. Coin flip starts the game; winner has choice of color, which determines their player's box, throwing of the Jack, and first throw for each End.
13. The player with red balls throws the white jack ball into the court – the assistant inserts the white peg into the grids according to its position on the court. The referee or the players' assistant inserts the pegs after each Red & Blue ball is thrown.
14. The red player throws the first red ball, aiming to get as close to the white jack ball as possible.
15. The blue player throws the first blue ball, aiming to get as close to the target ball as possible.
16. The player with the longest distance to the target ball continues to play.
17. On their turn players should be allowed to walk out to the jack as well

as reading the grid. The volunteer will only give verbal cues and will not touch athlete to direct them towards the jack.

18. The game continues like this until all balls are thrown.
19. If the white jack is thrown out of the legal area, it is placed on the cross.
20. The score: one point for each ball that is closer to the jack than the opponent's closest ball.
21. Medals will be awarded based on age division.
22. Medals will be awarded to the first, second, and third place finishers, a ribbon will be awarded to 4th place finisher.