



NATIONAL  
**VETERANS**  
GOLDEN AGE GAMES

## **BOWLING**

### ***At Home Competition***

**DIVISIONS:** Ambulatory, Wheelchair, Visually Impaired

**REQUIRED AGE GROUPS:** All Age Groups

#### **EQUIPMENT NEEDED:**

1. Local bowling facility with automatic scoring system
2. Bowling Ball
3. Bowling Shoes
4. Wheelchair adaptive division: handleball, ramp, stick (if available)
5. Device to upload photo and official score sheet with scores of all 3 games (smart mobile phone, iPad, etc.)
6. Visually impaired division can utilize a guide.

#### **INSTRUCTIONS TO PARTICIPANTS & RULES**

1. Athletes must compete in a local bowling facility with automatic scoring.
2. All athletes must bowl their own game without assistance during the game of play.
3. Visually impaired athletes can utilize a guide to assist them to the lanes.
4. Athletes will bowl three games consisting of ten frames each. Games must be bowled on the same day.
5. Adaptive equipment, if available, can be used for the wheelchair adaptive category (i.e., ramp, stick or handle ball) and visually impaired (guide rails). Assistance can be acquired in setting up the equipment at the lanes. Bowlers must adjust their own ramps with no assistance from volunteers or officials.
6. \*Note –If athletes utilize a scooter they must adhere to the modification of the rules for wheelchair users (i.e. - feet may not touch the floor during competition). No alterations may be made to change the height of the seat.
7. Resolving ties will be determined by the NVGAG National Staff.

#### **SUBMISSION OF BOWLING RESULTS:**

1. Video
  - 30 second video of bowling participation and bowling gear.
2. Photo
  - Athletes must upload official score printout to entry form provided from NVGAG. The score must be timed stamped and signed by coach or a staff at the bowling alley. **Must input NVGAG registered name on bowling screen. No nicknames. See example here.**
3. You can only submit **one** entry.