



NATIONAL
VETERANS
GOLDEN AGE GAMES

Blind Disc Golf At Home Competition

DIVISIONS: Visually Impaired (with a guide)

REQUIRED AGE GROUPS: All Age Groups

EQUIPMENT NEEDED:

1. One Disc Golf Association (DGA) Portable Disc Golf Skill Shot Basket
2. 18 marker cones (plastic cups would work)
3. Floor marking tape (bright colors work best)
4. One folding chair for 3 hole only.
5. Blindfold
6. Golf discs or light catch discs such as a DISCRAFT Ultra-star
7. Scoresheets (provided by NVGAG)
8. Device to upload video, scorecard (smart phone, iPad)

[**CLICK HERE FOR MORE INFORMATION ON EQUIPMENT**](#)

COURSE LAYOUT

Two types of designs can be used depending upon the space available at your designated site. Diagrams of both design set-ups will be included and on the demo video. Hole distances will be the same for each design.

1. “Around Nine” Design:

This is the more traditional layout where the basket is in the middle of the course and the tee/holes are set up around the basket at specific distances. This design can be used if you have a larger indoor space such as a basketball court, auditorium or other recreational facility.

2. Straight Line Layout:

Place the basket at one end of the area being used. Mark the tee pad/holes straight back, but mix up or off-set the hole locations to allow for variety and challenge. Thus it is not 1-9 in a straight line front to back. Up and back concept. This design can be used when there is limited space such as a large conference room or multi-purpose room.

Hole distances (The same hole distances are required using either layout).

Hole #1 – 10 feet

Hole #2 – 22 feet

Hole #3 - 30 feet (using metal chair on the first throw)

Hole #4 - 42 feet

Hole #5 – 18 feet (straddle putt on the second throw)

Hole #6 – 55 feet

Hole #7 - 27 feet

Hole #8 - 35 feet

Hole #9 - 40 feet

Total course footage: 279 feet

INSTRUCTIONS TO ATHLETES & RULES:

1. VI athletes must have their eyes covered by blindfolds that completely cover their eyes during the competition when initiating each throw to eliminate light perception and ensure an even playing field.
2. All athletes will compete for (9) hole format.
3. Coaches or volunteer may show athletes the course and serve as the guide. The role of the guide is to get the athlete in the proper position and provide verbal (acoustic) cues (clapping the hands, voice) to help direct the throw.
4. Players should take a maximum of 30-45 seconds to make a throw after the previous player has thrown and marked their lie.
5. Tee throws must be completed within or behind the designated tee area. When the disc is released, at least one of the player's feet must be in contact with the surface of the teeing area.
6. After each throw, the thrown disc must be left where it came to rest until the lie is established by the placing of a marker.
7. A marker inadvertently moved prior to the throw shall be returned to its correct location.
8. When the disc is released, a player must:
 - Have at least one foot in contact with the playing surface on the line of play and directly behind the marker disc.
 - Have no contact with the marker disc or any object closer to the hole than the marker disc.
 - Have both feet in bounds.
 - Stepping past the marker disc is permitted after the disc is released, except when putting within 10 meters.
 - Any throw within 10 meters to the hole is considered a putt. A follow through after a putt, that causes the thrower to make contact closer to the hole, constitutes a falling putt and is considered a violation.
 - A player must choose a stance that will result in the least movement of any obstacle that is a permanent part of the course.
 - When this violation occurs, re-throws must be taken from the original lie.

Two holes on the course have special throwing skill challenges, seeing that we have no natural obstacles. Hole #3 will have a metal folding chair from where the player throws their drive (first throw). The player sits sideways with their throwing motion toward the basket. Adjust the chair depending on what arm with which they are throwing. The second throw is normal throw.

Hole #5 will require a "straddle" putt for their second shot. A straddle putt is standing with both legs shoulder length apart and releasing the disc from the mid-section towards the baskets. The second throw is a normal stance.

9. The goal is two throws only per hole with the highest score winning, which is based on 1 through 4 points earned per hole.
10. A player who fails to play any hole or fails to hole out on any hole during the round will be disqualified.
11. Disc Entrapment Devices: In order to hole out, the thrower must release the disc and it must come to rest supported by the chains or within one of the entrapment sections. The disc must also remain within the chains or entrapment sections until removed.
12. Medals will be awarded based on age divisions and gender. If there are a small number of entries this will be changed to an OPEN competition.

SCORING

- [Click here](#) for score card.
- This format is not a stroke play, but a point system.
- Each competitor will get two throws to complete each hole.
- There will be nine holes with different distances. Points will be awarded on how the player finished the hole.

BREAKING TIES

To break tied scores, NVGAG staff will look at a player's score starting with the longest hole and working back to the next longest hole and so forth. The first hole that has a higher score will break the tie. This is similar to a point differential or head-to-head tie breaking system.

SUBMISSION OF BLIND DISC GOLF RESULTS:

1. Video
 - 30 second video at the start of round to show a brief overview of course layout, state Veteran name, introduce coach and/or official.
2. Photo
 - Image of scorecard with final score with verifying official/coach signature and upload to entry form.
3. You can only submit **one** entry.

For questions or additional information contact:

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