



National Veterans Golden Age Games

BOWLING ***INSTRUCTIONS TO ATHLETES***

1. Competition numbers must be worn.
2. You may not be assisted or coached in the competition area.
3. Bowling balls and shoes will be provided.
4. Competitors may elect to use their own bowling ball and shoes.
5. Competitors will be allowed to bowl two games.
6. Places will be awarded based on total pin score.
7. Warm up will be allowed prior to competition.
8. Ten Frames will be bowled straight though at one time
9. Ambulatory competitors will utilize league bowling switching lanes.
10. Adaptive bowling categories; wheelchair, wheelchair adaptive (i.e., ramp, stick or handle ball), and visually impaired.
11. Competitors can only compete in one adaptive bowling category.
12. Bowlers will adjust their own ramps with no assistance from volunteers or officials.
13. Adaptive bowling categories (ramp bowlers) will not switch lanes.
14. *Note –If athletes utilize a scooter they must adhere to the modification of the rules for wheelchair users (i.e. - feet may not touch the floor during competition). No alterations may be made to change the height of the seat.
15. Handrails may be used for those competitors with visual impairments.
16. Medals will be awarded based on category, age and gender
17. Awards will be presented for 1st through 3rd medals and 4th – 6th ribbons.
18. Resolving ties: competitors who tie will be awarded duplicate medals.